



7-day Event Monitor

The event monitor is a non-invasive test that uses a small device to record your heart rate and rhythm during symptomatic events over a week long period. This will allow the cardiologist to correlate symptoms such as dizziness, palpitations or black outs with the data recorded on the monitor. This will assist the cardiologist to decide whether the symptoms are heart related. During the test you are encouraged to continue to undertake your normal daily activities, including exercise.

The device records the data from several stickers that are attached to the chest wall that are connected by leads to the monitor. The device, leads and electrodes cannot get wet, however patients will be instructed on how to remove the monitor for showering, and how to re-apply the monitor. Patients must activate a specific button when experiencing an event, otherwise the data will not be collected. A diary sheet will be provided to include all relevant information including symptoms and activity being completed at time of event. It is best that patients wear a two piece outfit.

After 7 days the patient is to return the monitor and discuss any symptoms that occurred during the monitoring period. The monitor will then be analysed with results to be available for a follow up appointment within 2 business days.

BIRTINYA

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Sunshine Coast University
Private Hospital, 3 Doherty
Street Birtinya QLD 4575

BUDERIM

Suite 9 Medical Centre
Buderim Private Hospital,
12 Elsa Wilson Dr Buderim
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TEWANTIN

Suite 1, 66 Poinciana Ave
Tewantin QLD 4565

GYMPIE

Ramsay Medical
Consulting Suites
70-72 Channon Street
Gympie QLD 4570