



Implantable Loop Recorder (ILR)

What is an Implantable Loop Recorder (ILR)?

An ILR is a small heart recording device (about the size of a USB memory stick) that is inserted just under the skin in your chest during a minimally-invasive procedure. The device is programmed to record specific abnormal rhythms (arrhythmias) if they occur at any time and also enable you to record your heart rate/rhythm if you experience symptoms. You can record these symptoms by simply holding a hand held 'activator' over the device.

Procedure

Preventative antibiotic is usually given, intravenously, before ILR insertion to avoid infection from occurring. Local anaesthetic is used to numb the area. Your Cardiologist will make a small incision in your skin and create a small pocket before inserting the ILR. The incision will be closed using absorbable sutures.

Procedure Risks

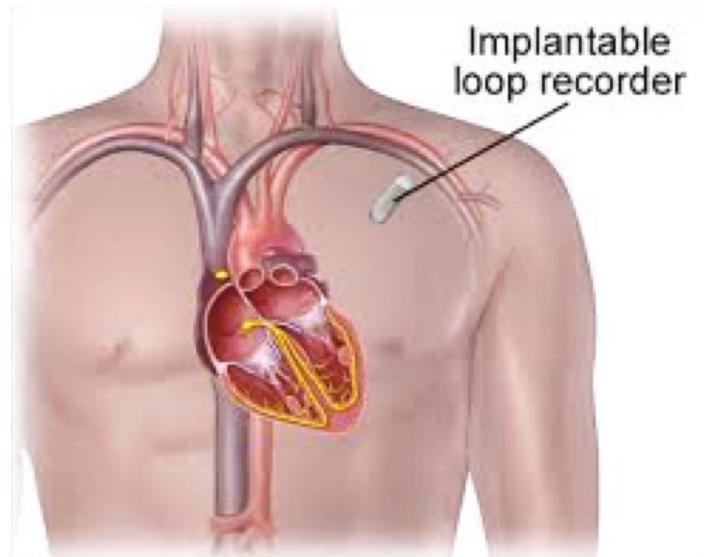
There are potential risks with this procedure. They include but are not limited to the following

- Bleeding or bruising
- Infection (might require device removal)
- Mild pain at your implantation site

Follow-Up Care

Your ILR will be checked periodically at follow-up appointments performed at the clinic or through the Remote Home Monitoring Service. The purpose of these appointments are to check for any abnormal rhythms that may have been detected and stored in the ILR. The ILR can be programmed to include or exclude specific arrhythmias based on your situation.

The ILR battery (usually 2-3 years longevity) cannot be recharged and the device can be removed after the battery has depleted.



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