



Remote Home Monitoring (RHM)

The Sunshine Coast Heart Specialists (SCHS) offers a Remote Home Monitoring Service using new technology to allow your implanted cardiac device to be monitored by our clinic from the convenience of your home using a landline or mobile connection and a remote transmitter. Research has shown that early detection of problems with device function and heart rhythms through RHM leads to improved health outcomes and a reduction in hospital admissions.

The RHM service provides a link from your cardiac device to the cardiology clinic allowing your cardiologist to have timely access to your device's data, which can help provide more effective treatment decisions while still maintaining the same high level of care that you would get in clinic. This can also provide peace of mind and also eliminate a number of unnecessary trips to the clinic for ongoing and routine device checks.

IMPORTANT NOTES:

- Programming changes CANNOT be made through your remote monitor.
- This service DOES NOT replace emergency services: for medical emergencies please call 000

1. Receiving a Cardiac Device Transmitter

A device transmitter will be provided by your device company. Our clinic will provide some education and a demonstration on how to set up the transmitter in your home. Additional instructions on installation will also be provided from the device company when you receive your transmitter. Once you have installed the transmitter at home, you are required to send a test transmission to ensure that data can be retrieved from your device and transmitted via the monitor.

2. How often is device data sent to the clinic?

Your implanted cardiac device will be monitored over 12 months and include regular automatic scheduled transmissions to ensure optimal device performance. Depending on your device model, you may be required to manually initiate a transmission. Your scheduled transmissions will be reviewed by your cardiologist, and a copy of the report will be sent to your GP. You may at any time send an additional transmission if you experience any symptomatic episodes (i.e. palpitations, heart racing, shortness of breath, dizziness and fainting) – please contact our clinic so we can notify your cardiologist.

3. Communicating with you once your device data has been reviewed

You will receive notification via a letter including the next date of your scheduled transmission. If the device needs an in-clinic review by your cardiologist, you will be contacted by phone as soon as possible. You may at any time request an update on the status of your transmission by phoning the clinic.

4. Patient Eligibility

RHM service is available to all patients who have compatible devices and deemed suitable by the cardiologist.

Ph: 5414 1100 **Email:** admin@scheart.com.au

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CABOOLTURE

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